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# Using Economics-Based Planning to Optimize Client Portfolio Choices



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Professor of Economics, Boston University July 15, 2020 | 2:01ish EDT

# AGENDA

Consumption smoothing & financial economics
Illustrating living standard (LS) risk
Illustrate how diversification limits LS risk
Illustrate how cautious spending limits LS risk
Basing portfolio/spending on expected utility
Case study



# Economics' Life Cycle Theory is a Century Old

- All modern finance is based on the life-cycle theory
- Theory's key prediction -- consumption smoothing
- Consumption smoothing's goal -- a stable living standard
- A stable living standard over time and times, good & bad



#### Multiple Nobel Prizes in Finance Based in Part/Full on Life Cycle Model

- Franco Modigliani used the life cycle model to explain national saving and growth. He won the Nobel Prize in Economics
- Bill Sharpe, Harry Markowitz, and James Tobin used the Life Cycle Model to develop or extend the Capital Asset Pricing Model. Each won the Nobel Prize in Economics.
- Menachem Yaari used Life Cycle Model to explain and integrate life insurance and annuity insurance. He should win the Nobel Prize.
- Robert Merton used the Life Cycle Model to write Continuous Time Finance. He won the Nobel Prize in Economics.
- Many other economists, including Milton Friedman, have received the Nobel Prize for work in whole or in part based on the Life Cycle Model



# **Consumption Smoothing**

# Consumption Smoothing Reflects Satiation

- Eating 1<sup>st</sup> cupcake feels better than eating 20<sup>th</sup> at same sitting
- Hence, consumption smoothing is routed in physiology
- Economists call your satiation speed your degree of risk aversion
- With higher risk aversion, concern about good times is reduced
- With higher risk aversion, concern about bad times is heightened

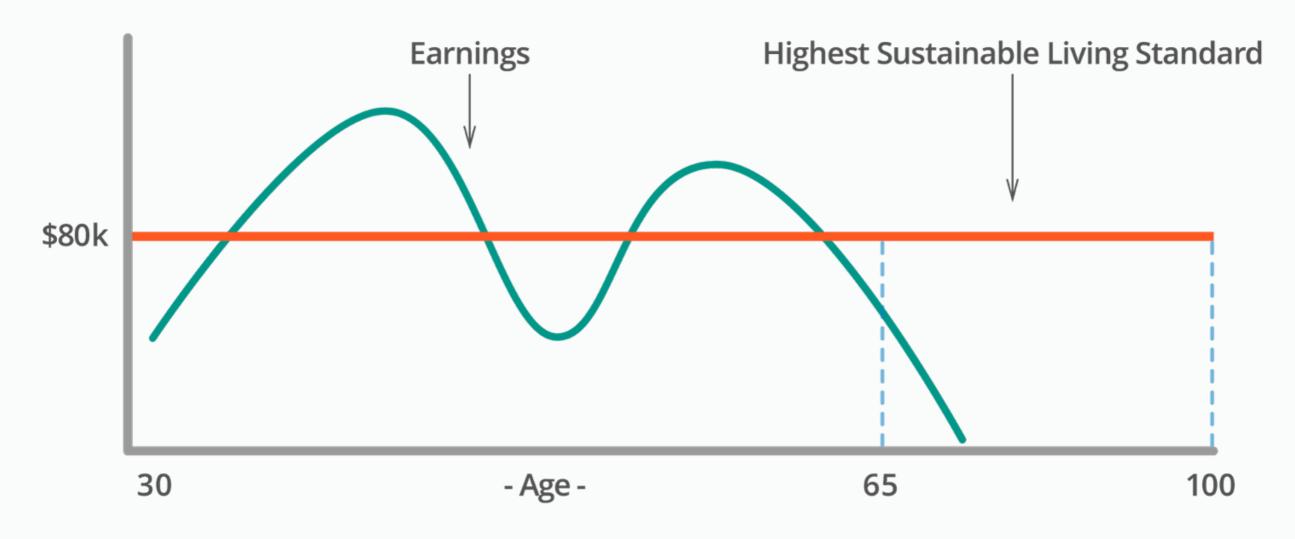


# We Are All Risk Averse!

- No one wants to splurge today and starve tomorrow
- Consumption smoothing is why we save for retirement
- No one wants to splurge now and starve if our house burns
- Consumption smoothing is why we buy homeowners insurance
- No one wants to splurge if our stocks soar & starve if they crash
- Consumption smoothing is why we diversify our investments



Risk Aversion Leads Us to Maintain our Consumption as Income Fluctuates





Risk Aversion/Satiation Leads Us to Use Insurance and Diversification to Move Resources from Good to Bad Times

Good Times

. . .

We are healthy We have income We have a house Our stocks boom Bad Times We are sick We are poor Our house burns Our stocks crash

. . .



Living standard - discretionary spending per household member

- Discretionary spending -- everything apart from fixed expenses
- Fixed expenses include taxes, housing expenses, alimony, ...
- MaxiFi adjusts living standard for economies in shared living
- MaxiFi adjusts living standard for relative cost of children



# Living Standard Risk References

# the Variability of Your Living Standard



# **Risky Investing**

The Riskier your Portfolio, the Larger your Living-standard Risk

Earn high returns this year, you'll naturally raise your living standard

Earn low returns this year, you'll naturally lower your living standard

Larger living standard up/down swings means higher living standard risk



# Diversifying your Portfolio can Reduce your Living Standard Risk

- Holding just stock entails high living standard risk
- Holding just short-term bonds entails low living standard risk
- Diversifying your portfolio means holding some of both
- Holding some of both means smaller swings in living standard



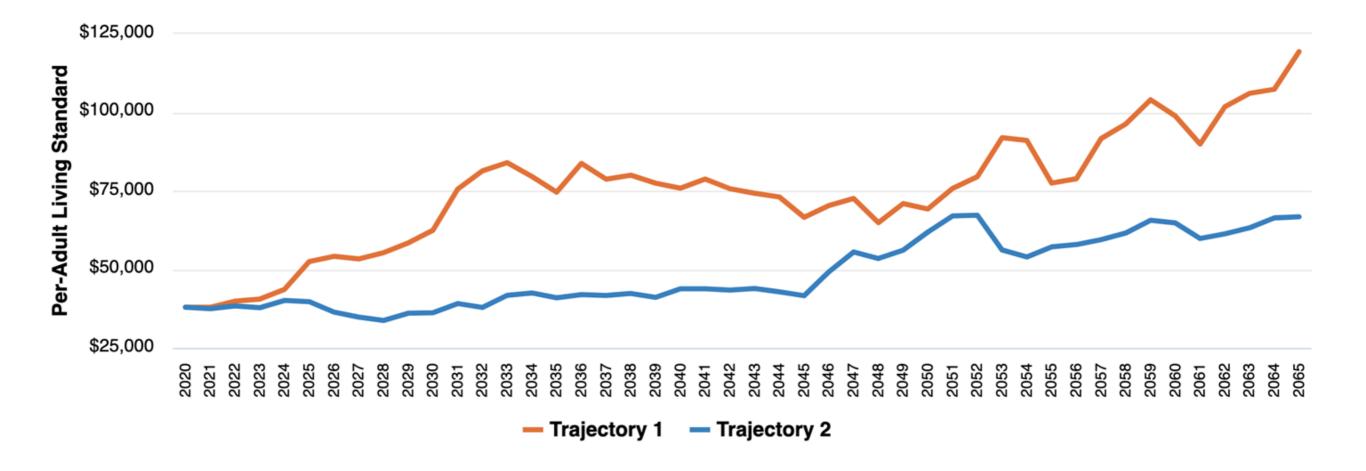
Visualizing Living Standard Risk

Understanding Your Living Standard Risk Requires Actually Seeing Where Your Living Standard May End Up

- This requires generating living standard trajectories
- Each trajectory shows one path your annual living standard may take
- Annual returns determine annual ups/downs in your living standard
- Conventional planning: no spending adjustment to realized returns



## Illustrating Two Monte Carlo Living Standard Trajectories



Sequence of return risk.

Doing well on average doesn't mean doing well every year.

# **Case Study**

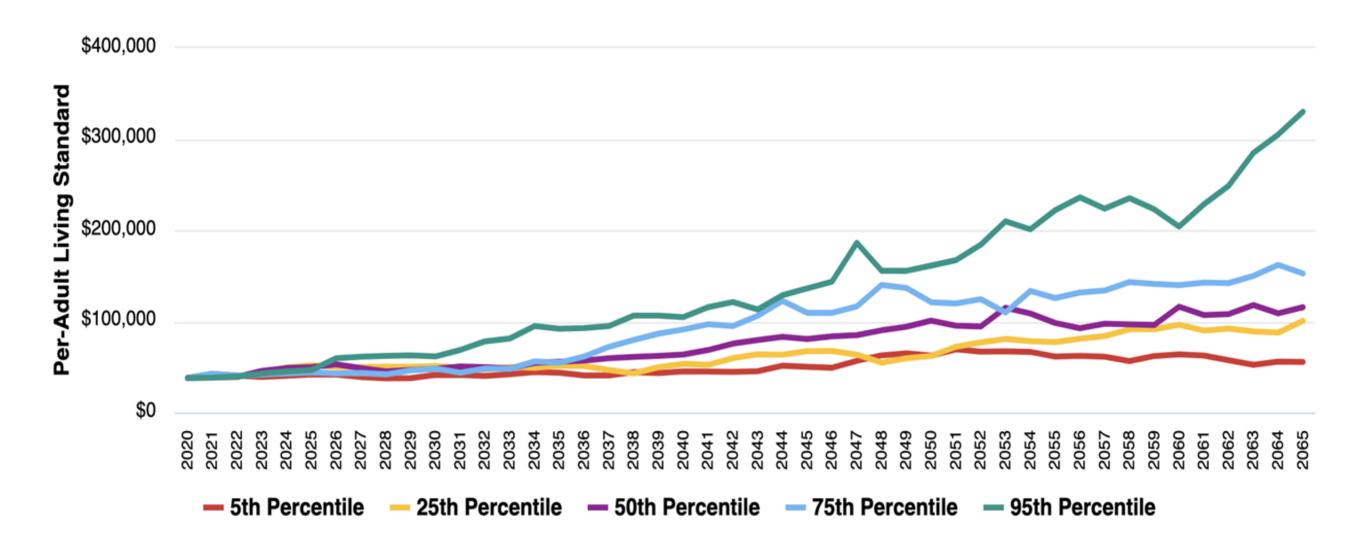
# Meet Martha, age 54, and Sam, age 55, who live in MA

- Martha earns \$200,000 per year, Sam \$50,000.
- Both will retire at 62.
- They have \$1 million in retirement accounts
- They have \$400 in regular assets
- They have a \$1 mil house with a \$.5 mil mortgage
- They want to compare three investment strategies
- 50-50, 20-80, and 80-20 stock-bonds
- They call these their base, safe, and risk strategies



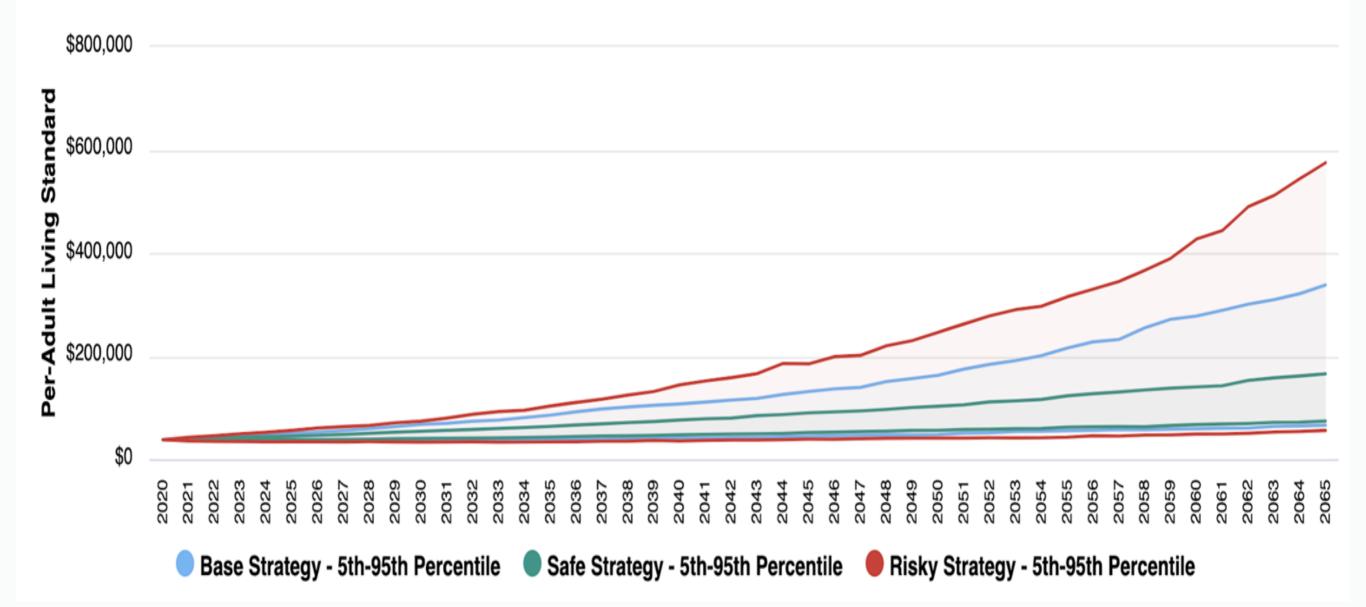
#### Mary and Sam's Base 50-50, Strategy

# Percentile Trajectory Values



MaxiFi runs 500 trajectories for the Base Strategy. The green curve has the 95th highest living standard averaged over all future years. The red has the 5th highest average. This chart gives Mary and Sam a clear picture of their living standard risk and reward.

# Comparing the Base, Safe, and Risky Investment Strategies



This chart shows the 5th and 95th highest trajectories for all three strategies. The risky strategy has more upside, but also more downside risk. The safe strategy has the smallest upside, but also the smallest downside risk.

## Base, Safe, and Risky 5th Percentile Trajectories

**Downside Analysis** 



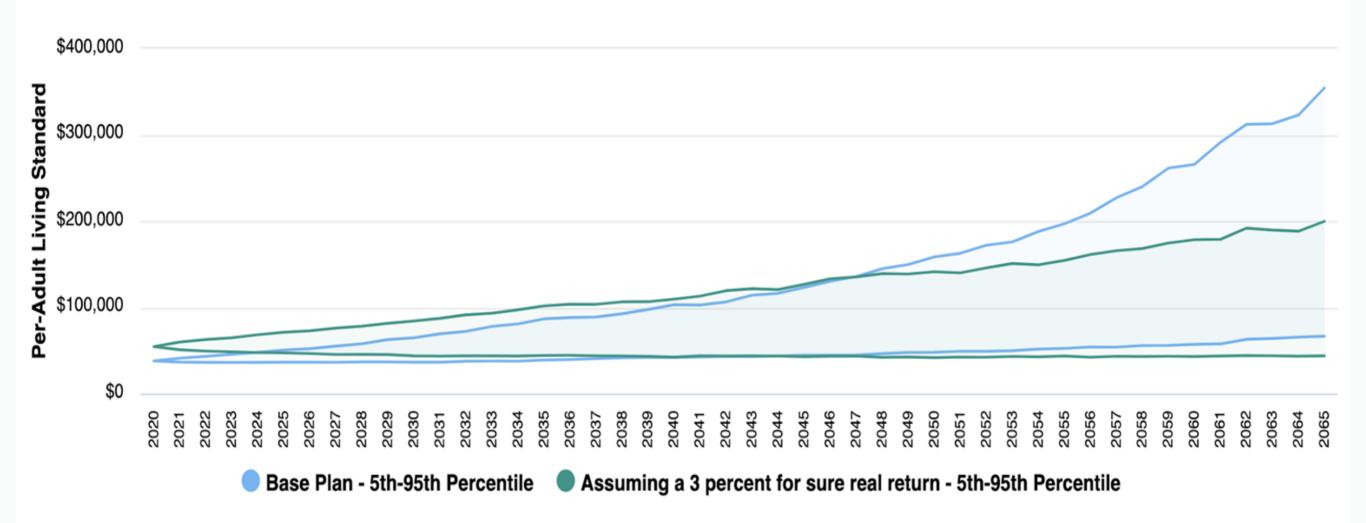
MaxiFi zooms in to compare the downside (5th percentile) of each strategy.

# How Does MaxiFi's Make a Living Standard Trajectory?

- 1. It calculates Mary and Sam's living standard this year assuming they will earn a specified real return for sure in the future.
- 2. It moves them to next year and takes random draw of returns on their portfolios. It calculates their living standard next year assuming they will earn the same specified real return for sure in the future.
- 3. It repeats the second step for all future years producing a full living standard trajectory.
- 4. It returns to the current year and repeats the first three steps to produce another trajectory.
- 5. It repeats step four 500 times.



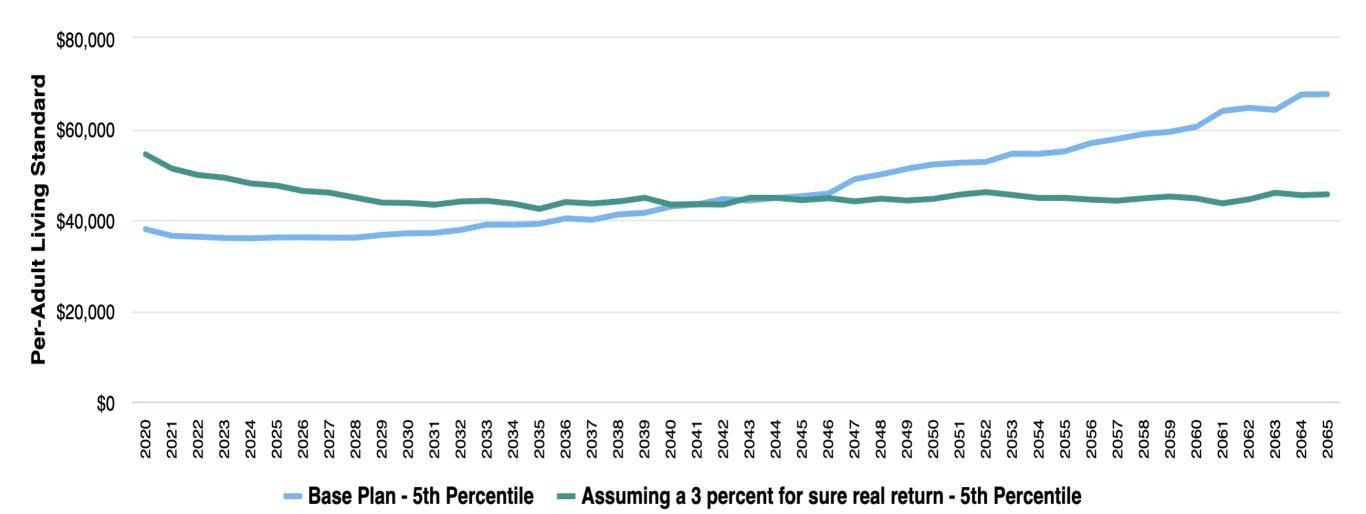
# How Aggressively You Spend Along the Way Matters



If you spend as if you'll always earn a higher real return for sure, your living standard will start high, but have less upside and more downside.

# Zooming in on Downside with Aggressive Spending

**Downside Analysis** 



Spending more aggressively increases your downside risk later in life.

MAXIFI

# Lifetime Utility (Happiness) from Consumption

Life Cycle Model Captures Satiation Mathematically

- Happiness in year t is typically expressed as  $U_t = C_t^{1-\gamma}/(1-\gamma)$
- Lifetime Happiness is sum of annual happinesses
- $U_t$  stands for happiness (utility) at time t
- $C_t$  stands for consumption at time t
- $\gamma$  reflects satiation. The bigger is  $\gamma$ , the faster satiation sets in.
- Economists call  $\gamma$  the degree of risk aversion
- People that are very risk averse care much more about the downside (consuming less) than the upside (consuming more)



# Using Expected Lifetime Utility to Rank Three Strategies

# Index of Expected Lifetime Utility



#### HOW MUCH RISK CAN YOU TOLERATE?

#### MaxiFi compares expected (average) lifetime utility (happiness) from each strategy.

Which is best depends on Mary and Sam's risk aversion. If they can tolerate very little risk, the safe strategy is 2 percent better than the Base strategy and the Risky strategy is 9 percent worse.

What does, for example, 9 percent worse mean? It means the risky strategy generates the same happiness, on average as holding 50-50, but consuming 9 percent less in all future years.

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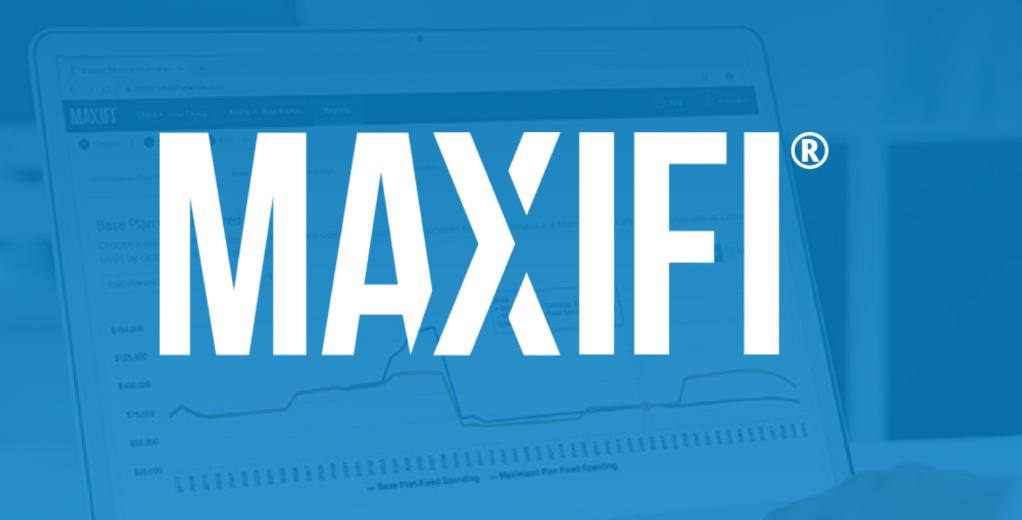
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# Thank you for participating!